

**ICA  
COUNCIL  
ON  
WELLNESS**

**LIFESTYLE SCIENCE**

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**WELLNESS LIFESTYLE  
PROGRAM FOCUS:**

**Evidence-Based  
Chiropractic and  
Lifestyle for  
Recovery, Wellness,  
and Prevention**

**1**

**Eat Well: The  
Science, Paradigm,  
and Clinical  
Application of  
Wellness Nutritional  
Protocols**

**2**

**Move Well: The  
Science, Paradigm,  
and Clinical  
Application of Wellness  
Movement & Physical  
Fitness Protocols**

**3**

**Think Well: The  
Science, Paradigm  
and Clinical  
Application of Wellness  
Emotional, Intellectual,  
& Spiritual Fitness  
Protocols**

**4**

**2017 SEMINAR SCHEDULE:**

**Mod 1: April 1-2**

**Mod 2: June 3-4**

**Mod 3: Sep 30-Oct 1**

**Mod 4: Nov 18-19**

**SEATTLE: Hilton  
Seattle Airport &  
Conference Center**

**For Wellness  
Lifestyle Science  
Council,  
Program & Membership  
Updates:**

Visit  
[www.icawellness.org](http://www.icawellness.org)  
E-Mail  
[wellness@chiropractic.org](mailto:wellness@chiropractic.org)

**Wellness Lifestyle Science Program & Certification Growing —  
Curricular/Schedule updates in process; New CCWP-Certified Drs!**

**WELLNESS LIFESTYLE SCIENCE NEWS**

**SUMMER-FALL 2016**

**Proactive Updates and Resources  
Underway for Wellness Lifestyle Science  
Certification and Seminar Series**

The Council on Wellness Lifestyle Science is looking forward to the new advances underway in the Wellness Lifestyle Science seminar program and certification series, with new curricular developments and on-site demonstrations of practice implementation strategies for both doctors and staff.

The program content development has included new updates for module titles and emphasis on practical applications. The 2017 program series is being presented at the Hilton Seattle Airport & Conference Center in Seattle, WA. Dr. Chestnut will be teaching every module, and Dr. Baxter will



also be at each module with on-site demonstrations of practical protocols, ready for immediate implementation into practice.

“The new changes will reflect the intense role of lifestyle science in the chiropractic wellness paradigm,” notes Dr. James Chestnut, who developed the certification program curriculum and is addressing the many updates to the course design and curricular content. “In an era where pharmacies and health care practitioners of many orientations are simply adding ‘wellness’ to their name but not truly addressing the wellness paradigm, it is especially important to emphasize the powerful role chiropractic holds in wellness lifestyle choices, and the authoritative levels of expertise that our doctors holding the C.C.W.P. credential carry with them into their communities and with colleagues.”

**Growing Numbers of Doctors Earning  
CCWP Certification from ICA Council  
on Wellness Lifestyle Science!**

**CCWP testing cycles bring on board more certified  
Chiropractic Wellness Lifestyle Practitioners!**

The groups of doctors most recently awarded with the distinctive C.C.W.P. designation completed their combined requisites for certification through the ICA Wellness Lifestyle Science Council, the credentialing body for the C.C.W.P. Certification. They join a growing community of doctors in multiple countries receiving the certification designation “Certified Chiropractic Wellness Lifestyle Practitioner” - part of a worldwide commitment to advance scientific chiropractic and wellness knowledge and building increased awareness and accessible resources for supporting patients to make healthy choices.

The doctors most recently earning the distinctive C.C.W.P. certification designation include:

- Aaron Armetta, DC, CCWP**
- Kelly Arnold, DC, CCWP**
- Robert Cynowa, DC, CCWP**
- Nicolas J. Fanning, DC, CCWP**
- Ryan Goss, DC, CCWP**
- Benjamin Glass, DC, CCWP**
- Richard V. Hunn, DC, CCWP**
- Grant Lemire, DC, CCWP**
- Bryan Lowry, DC, CCWP**
- Victor Manzo, Jr., DC, CCWP**
- Robert M. Mirandola, DC, CCWP**
- Peter Roennenfelt, DC, CCWP**
- William J. Roodman, DC, CCWP**
- Patrick Ryan, DC, CCWP**
- Michael R. Sedlacek, DC, CCWP**
- David Stalheim, DC, CCWP**
- Robert Lloyd Vaughn, DC, CCWP**

**WELLNESS COUNCIL REFERRAL DIRECTORY EXPANDS ITS REACH:**

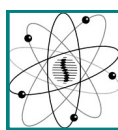
The ICA Council on Wellness Lifestyle Science membership database is a featured component of the growing outreach resources through the International Chiropractors Association website at [www.chiropractic.org](http://www.chiropractic.org) and other outlets, and is a highlighted element of the International Chiropractors Association Science Councils Referral Directory system. Features now include regional and alphabetical search tools plus time zone conversion links for different locations around the globe. The Wellness Lifestyle Council Membership Referral Directory includes regional listings for member doctors plus highlighted directory features for those holding the CCWP certification — accessible through the Council web pages at [www.icawellness.org](http://www.icawellness.org).

**NEW FAQS ON WELLNESS AND C.C.W.P. !**

Additional Q&A resources are in preparation for enhanced combinations of professional and patient informational initiatives on wellness education, certification, and patient/community resources to help inform, inspire, and update more people in making constructive lifestyle changes and understanding the impact of their choices.. Updates at [www.icawellness.org](http://www.icawellness.org).

**Wellness Certification Exam Cycles Continue with  
Growing Numbers of New CCWP-Certified Doctors!**

The Certification Final Examination for the C.C.W.P. credential is administered in testing cycles over the year for candidates who completed their program requisites, launched in three testing cycles, administered as Fall, Spring, and Winter sessions. For more information visit the Certification program information posted on the web, check the FAQs, or also e-mail any questions to [wellness@chiropractic.org](mailto:wellness@chiropractic.org).



**The ICA Council on Wellness Lifestyle Science —**

is the credentialing body for the Certified Chiropractic Wellness Lifestyle Practitioner (C.C.W.P.) program and Certification, and coordinates certification processing and records. For more information and/or questions, contact [wellness@chiropractic.org](mailto:wellness@chiropractic.org) or visit [www.icawellness.org](http://www.icawellness.org)